

BANYAN REFLECTIONS™

ROOTED REFLECTION GUIDE

A Banyan Women™ Resource



"Like the banyan tree, growth happens one root at a time."

Reflection Information:

- Date: _____
- Reflection Title: Who Will Rescue Me?
- Scripture: Romans 7:15-25

Where am I trying to fix, control, or carry something that I need to surrender to Jesus?

What does my need for Jesus reveal about where He may be inviting me into deeper dependence on Him?

What would it look like today to stop striving and receive the grace of Christ in this particular area of my life?

Additional thoughts and prayers

Rooted Reminder

I don't have to fix myself. Jesus is my rescue.

